

St. Alphonsus Parish Presents

An Employment Seminar

Monday October 18th , 6:30 p.m.

“Impressing the Employer/Landing the Job”

- Building and fine tuning resumes
- Interviewing skills and tips
- Mock interviews
- One-on-one resume critiques

Wednesday, October 20th , 6:30 p.m.

Mind, Body, and Spirit: How to Remain Balanced During Difficult Times

- Learn how to stay positive during the challenging times
- Information Session on different health care options
- Wardrobe closet, Free Haircuts, and Free Flu Shot will be available.

All sessions will take place at St. Alphonsus located at 224 Carrier St. NE.

Register Now for our **free** seminars! Here's how:

1. Mail your form to: St. Alphonsus Parish 224 Carrier St NE Grand Rapids, MI 49505
2. Fax your form to 616-458-5667
3. Email your form to setteraj@gmail.com

Registrations are due Oct. 15th.

Questions? Contact A.J. Setter at 913-4415 or setteraj@gmail.com

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Yes, Sign Me Up For the St. Alphonsus Employment Seminar!

Name:_____ Telephone_____

Email address:_____

Place a checkmark in the box(es) you wish to attend.

☐ Monday, October 18th , 6:30, “Impressing the Employer/Landing the Job”

☐ Wednesday, October 20th, 6:30 p.m., “Mind, Body, Spirit: How to Remain Balanced During Difficult Times”

☐ Yes! Sign me up for a free hair cut!

☐ Yes! Sign me up for a free flu shot!